

Prayer for a Woman Hurt by Her Husband (Sadness)

(Originally prayed over Skype with a woman in Iran. You can either pray it for another or personalize it for yourself.)

Jesus, teach me how to pray for your daughter. Jesus, you know our hearts. You know the sadness in M's heart right now. Thank you that you are there with her right now – and you are here with us – helping us to listen and pray. We need you, Jesus. We need all of your love and power and peace and hope right now – to surround us and fill us and show us your way. We can't do this by ourselves. We need you. So come now and fill this room, our homes and our lives with the Holy Spirit.

Jesus, I pray that you reach out to all of the hurting and sad parts of your daughter, every place inside of her that needs your touch of grace. I pray that you go to the parts of her that have been wounded by her husband and also the wounds from others in her past. Begin healing each and every one of them. Send your light and truth, your peace and love - to drive away all darkness, all lies, all fear, all hate. Continue to keep her heart soft for you, Jesus; open to your love and your word; open to all you want to do in her and for her and through her. Right now, Jesus, touch the wounded parts and bring peace.

M, Jesus has seen all of your tears, all of your pain and every one is dear to him. He was there to stop your husband from hurting you more. And now He is here to help you receive His power and peace.

Jesus, surround your child with love right now, and help her to feel safe in your arms. Drive back and away from her everything that dwells in darkness, Lord.

(Repeat these words)

“I choose Jesus. I belong to Jesus. My body is a temple of the Holy Spirit. I don't belong to myself, or to the enemy, or to any human. I belong only to Jesus. He paid a great price for me – His blood on the cross. So I choose today to honor Jesus with my body and everything in it – my heart, my mind, my will, my spirit, my relationships. I choose Jesus today. He is my only Lord and Savior, my only Protector, my only Comforter. I reject all false lords and saviors, all false protectors and comforters. I choose Jesus and only Jesus and I command anything from the enemy trying to deceive me or hurt me to go away NOW! I choose Jesus! I belong to Jesus! I won't listen to Satan's lies about me, my child, my husband, my marriage and my life. I will only listen to the voice of Jesus. What you say, Jesus, is true. I choose Jesus. I belong to Jesus.”

Jesus, you love your child so much. I pray that she can feel this love reaching past her pain, her sadness. She needs wisdom, Jesus, great, divine, godly wisdom – what to do, where to go, how to live, how to help her baby, and her

family. Open her ears to you, Jesus, and only to you. Any counsel or advice she receives that is NOT from you, Jesus, help her to let it go. Anything from you, Jesus, help her hear this clearly and know it is true and follow it.

We choose Jesus today and only Jesus! Teach your child how to stand even when her knees and legs are weak from tears and pain. Place on her your spiritual armor, Lord. Put on her your **helmet of salvation** to bring peace to her mind; your **breastplate of righteousness** to guard her heart and take away all her anxieties and fears; your **belt of truth** so that she can know and receive and walk in your truth; **shoes of the gospel of peace** to stand strong and secure in you, Lord; the **shield of faith** to guard against all the enemy's attacks and to stop them before they come near; and the **sword of the Spirit** to drive back the enemy.

Speak out God's truth, M, even when filled with pain and doubt and fears. Speak out His word and proclaim that your God can and will rescue you. We don't know how yet or when, but He is here, He is near. Be at peace. Be at peace.

Jesus, wrap your big, strong, kind arms around M right now. I bless you with a peace that is greater than anything you can find in this world. A peace to guard your heart and mind; a peace to fill your heart and mind. Go to all the lies and fears, Jesus, and dispel them with your truth and calm them with your peace.

M, lean back, rest back, and put your arms around yourself, like you are giving a big hug to yourself. Jesus' arms are around yours. Take a deep breath and be at peace. Be still and know that He is God for every part of M that is struggling. Rest in his arms now and receive His healing touch and embrace.

Jesus, you know what the punches from her husband did to your daughter – the wounds inside and outside. Jesus, please now touch these places and bring healing to her body and her spirit. Heal her emotions and memories. Take away the pain that is still there, inside and outside, and bring peace and healing and forgiveness.

May your healing power flow into your servant. Father, thank you for this time now. Please continue what you have begun here today. We love you, we need you, we choose only you. Continue to heal and guide your child into truth and light. Help her to stand strong in you. And every time she feels sadness, confusion, darkness or pain, help her remember this time or prayer and relax into your arms once again. Help her know that she is part of your family and you love her so much and you are here.

Be at peace, dear sister. May you always know His love. Amen.