

Brief Prayer for Being Free of Evil Pictures in Our Minds

Prayer with a believer struggling with terrible pictures constantly running through her mind. Can be prayed by the individual or you leading someone else through the prayer echo style (pausing after each phrase so they can repeat it).

Jesus, you are the Truth. Thank you for your power and for your blood shed on the cross for me. Today I choose Jesus and only Jesus to be my Lord and Savior, to be my Comforter and Protector. I reject anything that is evil. Jesus, I ask for you to shine your light upon me, around me and in me. Today I declare that I belong to Jesus. I am a child of the King!

I command anything in the darkness to back away from me now. I pray for protection around my mind and my imagination. Take away all of the old pictures and lies – anything the enemy uses to torment me. Turn down their intensity and command them to flee from me. I choose only to see what Jesus wants me to see and I reject everything else. I choose Jesus! I belong to Jesus!

Jesus, I ask you to shine your light into every part of my life. May it penetrate into even the deepest and darkest corners, driving out all that lurks there to harm me. Heal and set me free today. I command the darkness farther away from me and I stand in the light of my Lord. I choose Jesus. I stand under His blood and behind God, my Mighty Warrior.

Jesus, never stop filling my mind with your light – with all that is good and pure and lovely and worthy of praise. Help my mind to think on these things and not on the evil pictures of the enemy. I choose Jesus! My mind and my heart belong only to Him.