

## **Intro**

- Jesus gives us 5 reasons not to worry and how to live a free and peaceful life
- Where is our focus? Ambition? What do we seek?

### **1/ God gives us life – can’t we trust Him for the smaller things?**

Matthew 6:25

### **2/ We are of great value to God – we are worth a Son!**

Matthew 6:26

### **3/ Worry is useless!**

Matthew 6:27

### **4/ If God takes care of the little things, won’t He take care of us?**

Matthew 6:28-30

### **5/ Know that God Knows everything we need**

Matthew 6:31-32

### **6/ Keep Your focus on God**

Matthew 6:33

### **7/ Live one day at a time**

Matthew 6:34